



Real resolutions: New Year's high and low



Pouring an original gelato flavor at Gelati by Mike. COURTESY MIKE GUERRIERO

All of January is a good time to reflect and look forward. We asked our staff and readers to consider two things: an aspirational, “high” resolution (“spend more time with family”) and a concrete, “low” one (“set up the printer”).

Adam Anik, Montclair Local photographer — High: My website WILL BE launched, but never finished. Low: I will start something small and positively finish, but heaven knows what that would be. I’ll start to downsize my LP collection...

Lisa Annitti, Montclair Local stringer, local playwright: High: I will absolutely finish my Novel(la)/write a new one-act. Low: I’m aspiring to make even more progress toning at the gym. I’ve Been at it for 11 months.



Steph Auteri vows to learn the ukelele. COURTESY STEPH AUTERI

Steph Auteri, Montclair Local columnist, “All Write Now” — High: I’ll be launching a website in early 2020 that will be a resource for those wondering how to find or advocate for better sex ed. Low: I’ve been learning how to play the ukulele this past year, so this year I’m going to play around with (probably terrible) songwriting.

Michael Guerriero, owner, Gelati Montclair by Mike — High: to care about myself as much as I care about others. Low: to create the biggest new ice cream flavor of the decade!

READ: [YEAR IN REVIEW 2019: A DEVELOPING YEAR FOR MONTCLAIR](#)

READ: [MOVE OVER, ITALY; GELOTTI OF MONTCLAIR TAKES THE GRAND PRIZE](#)

Rebecca Jones, Montclair Local stringer — High: I will get more involved in action to fight climate change. Low: I will finally put out the bulky waste, that which can not be upcycled, recycled, or freecycled, of course.

Loyla Louvis, Montclair Local columnist, “Mother Matters” — High: launching a one-year online coaching membership for moms, and working on a TEDx talk scheduled for this summer. Low: my home mortgage will be paid in full at the end of this year!



Circle of Sparks Playback is a central program of Culture Connection Theater. COURTESY ELAINE MOLINARO

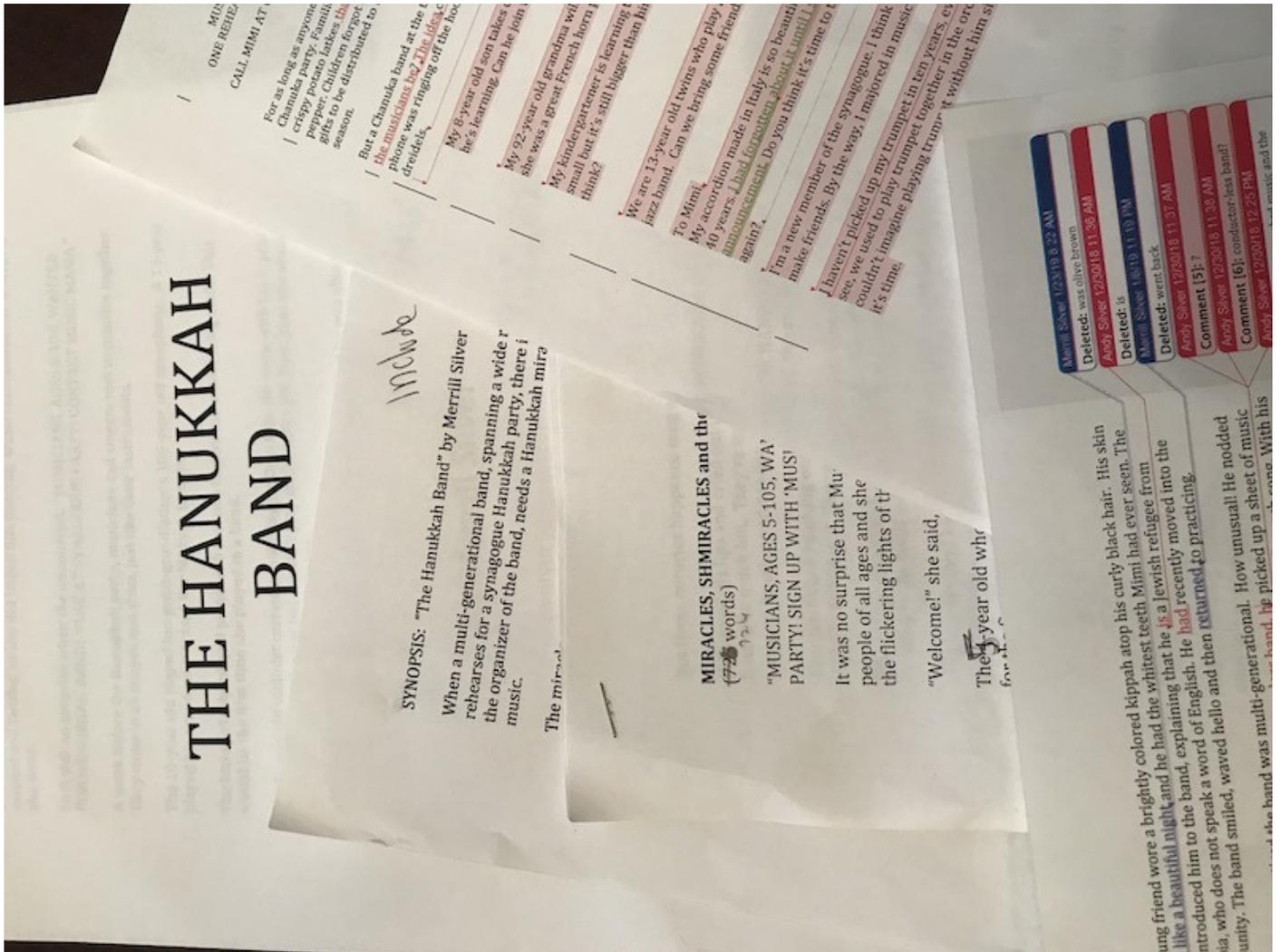
Elaine Molinaro, artistic director, Culture Connection Theater — High: visit Japan and see Noh, Kabuki and Bunraku traditional Japanese theater. Low: A definite and specific goal in 2020 is to hold public improv performances for CCT's Circle of Sparks Playback Project.



This printer will be coming out of its box soon. Very soon. COURTESY GWEN OREL

Gwen Orel, Montclair Local culture editor — High: I do need to write that play and finish a middle grade book, but aspirationally for Montclair Local I want to write a story on every school in Montclair. Low: It's me. I'm the one who needs to set up the printer.

Erin Roll, Montclair Local news reporter— High: Get some of my short stories and novel manuscripts off to an agent or publisher, and go on a writing retreat. Low: take a few yoga classes.



This book will be finished this year. COURTESY MERRILL SILVER

Merrill Silver, Montclair Local stringer — High: I have written and rewritten, edited and edited again a children’s book. I am determined to get it published in 2020. Low: I will use the SmartBoard in my classroom and not be intimidated by what I can’t do but rather, be proud of all the things I can do.

Melissa D. Sullivan, Montclair Local columnist, “All Write Now” — High: I will learn to do the best I can and trust myself that it is enough. Low: I will finally settle on a scheme for the kids’ bathroom — dinosaurs? Disney? Disney-dinosaurs?

Allison Task, life coach — High: I'll meditate every day. Low: I'll move to a new office space.



Robin Woods has gifts to deliver, and she will. COURTESY ROBIN WOODS

Robin Woods, Montclair Local columnist, “Robin’s Nest” — High; I will conquer my fear of writing query letters to large national publications and come up with a brilliant collection of writing samples that will dazzle the editors. Low: I will deliver the huge stack of gifts to those I missed connecting with during the holiday season, sort and wrap them. or just open up a gift shop in my home.

— compiled by Gwen Orel